



# After Care Anti-Wrinkle Treatment Instructions

- **Avoid Touching the Treated Area:** It's best to avoid touching, massaging, or applying pressure to the treated areas for at least 24 hours after treatment. This is to avoid spreading the medication to surrounding tissues, which could potentially result in unwanted side effects.
- **Stay Upright:** Try to remain upright for at least 4 hours after your treatment. This also helps to prevent the medication from moving to other areas.
- **Avoid Heat and Sunlight:** Heat can cause swelling and increase the risk of bruising, so try to avoid hot environments, direct sunlight, saunas, and intense workouts for 24-48 hours after treatment.
- **Avoid Alcohol:** Alcohol can also increase the risk of swelling and bruising, so it's best to avoid alcohol for at least 24 hours post-treatment.

Expect Minor Side Effects: Mild redness, bruising, swelling, and discomfort are common and should subside within a few days. Some experience mild headache, please take Tylenol and drink plenty of water. If you experience severe or persistent side effects, please, let me know.

Wait for Results: it will take 10-14 days to see the results.

Follow-Up Appointment: Make sure to schedule a follow-up appointment in 2 weeks. This will allow to check your progress and make any necessary adjustments.

Maintain Good Skin Care Routine: Keep your skin clean and moisturized. Use sun protection daily. A good skincare routine can help extend the results of your treatment.

Stay Hydrated: Keep yourself hydrated after the treatment.

If you have any questions or concerns after your treatment, don't hesitate to contact me via text or phone call at (347)988-8542.